

KEY LEADER®

What you need for a Key Leader weekend!

*** Check the weather of the camp location to determine how warm to dress.**

Shoes

Closed-toe shoes such as sneakers or tennis shoes.

Flip flops are okay, but only for the shower.

No slip-on shoes are allowed on the ropes course.

(Example: TOMs shoes, etc).

Clothing

Comfortable clothes - jeans/sweatpants/shorts, T-shirts, long sleeved shirt, hoodies or a light jacket.

Appropriate sleep wear.

Raingear - rain slicker or umbrella

Cold weather gear - gloves or mittens and a hat.

*** Most cabins do not provide bedding.**

Bedding

Sleeping bag

Pillow

Blanket

*** Bring whatever works best for you.**

Linens

Towel and wash cloth (for shower)

(An old towel or beach towel is best.)

Toiletries

Toothbrush

Toothpaste

Shampoo

Soap

Deodorant

Food and beverages

Most camps do not allow food or beverages in the cabins. Do not bring food or drinks with you.

We will provide plenty of great meals and snacks throughout the weekend. If you require special meals/snacks, do not hesitate to let us know so that we can see to your needs.

Electronics

Do not bring expensive items with you to Key Leader, such as iPod, iPad, Kindle, Nook, or cash.

Key Leader is not responsible for any loss or damage to personal property.

Other needed items

Water bottle

Flashlight – if you have one.

Small self portrait photo for your Key Leader mailbox.

All forms sent to you by email, signed by a parent.

All medications needed for the weekend.

Medication

- We will not collect medications; you are responsible for taking your own medicine.
- Be sure to list all medications on your medical form.

Forms

Bring forms sent to you by email prior to the weekend. A **medical form** and **community values form** is required. Both forms need a parent/guardian signature. If the camp you are attending requires a specific release form, it will be sent to you the week of the scheduled weekend. You can also find these forms on our website at www.key-leader.org/resources-main.